



BENé



FROM EAST TO WEST

Back, neck & Shoulders Massage A relaxing treatment focusing on shoulders, neck and back. It helps to relieve muscle tensions in a particular area of the body.

Holistic Massage Treatment made up of a set of holistic techniques for balancing body and mind.

Shea Butter Massage A gentle treatment with an emollient action, which gives shine and softness to the whole body.

Hot Stone Massage A relaxing and soothing massage that combines the radiant heat of lava stones with traditional massage techniques, alleviating both muscular and nervous tension.

Ayurvedic Massage A massage of Indian tradition performed with warm oil that nourishes the tissues, wards off the skin aging process and stimulates blood and lymphatic circulation.

Thai Massage A massage that uses digital pressure techniques to rebalance the body's energy flow, eliminating stress and tension.

Anti-stress Massage Used to relieve tiredness, both physical and mental, reactivating circulation and enhance tissue oxygenation.



WELLNESS AND BEAUTY RITUALS

A combination of body treatments done with products based on aromatic herbs, moisturizing oils and pure essential oils from the ancient Perfume-Pharmaceutical Workshop Santa Maria Novella

Aromatic Salt Ritual

A light scrub with sea salt to delight the senses and relax the mind. A carefully selected blend of the purest of essential oils is combined with a warm oil and massaged onto the body, releasing their intensely inebriating aromatic perfumes.

Rose Ritual

This ritual for the hydration of the body includes a delicate exfoliation followed by the application of regenerating creams and oils enriched with rose extract endowed with recognized revitalizing properties.

Olive Oil Ritual

This exclusive treatment is particularly indicated for dry or dehydrated skin and involves the use of a selected “liquid gold”, which will be applied and massaged by expert hands to improve the elasticity of the skin, which will be more toned, compact and luminous.

Holistic Feet Ritual

Exfoliating and nourishing treatment of the sole of the foot.

Holistic Hands Ritual

Revitalizing hand treatment with nourishing action.

NATURA BISSE'

Welcome to the world of beauty and skincare. A space created exclusively for you to breathe, relax and let your body flow. Feel how time stands still, experience the luxury of connecting with your essence and enjoy all the secrets that lie behind a perfect moment. Secrets are not explained. They are discovered. Enjoy the experience, feel the results.

The Citrus Essence

revitalizes - stimulates - firms

An antioxidant facial treatment that restores vitality to sun-damaged skin and helps minimize signs of premature aging. Vitamin C stimulates collagen production and renews the firmness of skin, while improving luminosity and hydration.

Diamond Energy

energizes - defines - rejuvenates

This 5-star age-defying facial treatment infuses energy into your skin, reviving skins dulled by environmental stress and premature aging. Advanced Myofacial Massage and remodeling massage techniques visibly enhance facial contours and reveal impressively firmer, suppler, and rejuvenated skin.





ROYAL CITRUS EXPERIENCE

A Mediterranean dance for your senses, this exquisite facial and body ritual envelops you with citric' essences. This treatment protects skin from dryness and premature ageing and it also helps sun damaged skin, leaving the skin firmer, luminous and more rejuvenated. This ritual includes exfoliation with citrus spheres, Vitamin C infusion, a bitter orange and Karite butter soufflé treatment mask followed by a relaxing facial and body massage.

Citrus Drench

revitalizes - tonifies - energizes

Cuddle your skin with an infusion of citrus-scented energy. This body treatment, based on highly concentrated Vitamin C emulsions, protects from dehydration and early aging, revealing intensely hydrated and radiant skin.

Scrub & Aromatic Massage

renews - softens - relaxes

Sink into our indulgent ritual and re-emerge with amazingly smooth skin. The exfoliating properties of Dead Sea salt crystals and rice powder provide magical results. Culminate with a personalized aromatic massage that leaves mind, body and skin feeling utterly restored.

DIAMOND WELL-LIVING EXPERIENCE *Design your own ritual*

What does your soul need? A boost of vitality that revives your spirits. A wave of freshness that leaves fatigue behind. To detoxify mind and body. To hit the switch off and relax.

What does your body need? Tailor-made massages that transform your mind and body. Exfoliation that renews your skin and senses. A body mask that bathes your skin in a sea of wellness. Choose how you would like to pamper yourself and select the sensorial mood you want to experience. Our professionals will adapt to your wishes, creating an exceptional Diamond Well-Living Experience designed just for you.

Citrus Scrub A sensory, skin-polishing ritual with highly effective exfoliating agents. This powerful citrus treatment eliminates dead skin cells for an extraordinarily radiant, soft skin.

Aromatic Massage Designed for you to choose length, type of manoeuvres and aroma of your preference. This bespoke massage deeply hydrates the skin and adjusts to all needs for an absolute well-being.

Soufflé Mask Bitter orange and Karite butter soufflé treatment body mask. Immediate anti-oxidant action, instantly and deeply hydrates the skin of the body. Perfect to protect and help sun damaged skin.

Face cleansing Moisturizing and nourishing treatment consisting of facial cleansing, application of a Vitamin C mask and massage to give brightness and tone to the face.



À DEUX

Aromatic Couple Massage

Performed in the same cabin

Caresses for Two

Salt ritual and Couple Massage

Entrance to the wellness area

Includes access to the sauna, steam bath, Jacuzzi, emotional shower and relaxation area.

WELLNESS AREA

The wellness area consists of a sauna, steam bath, whirlpool, emotional shower and a relaxation area. It is an environment designed to rediscover the harmony of the senses, where you can enjoy an herbal tea in total relaxation.

FITNESS AREA

Physical activity, in all of its facets, is an essential component for achieving and maintaining a state of psycho-physical well-being. Our gym is equipped with Technogym machines.

The following activities are by reservation and according to availability, a few days notice is required.

PERSONAL TRAINER

The Hotel offers a Personal Trainer service for its Guests. Please contact the Reception for information and reservations.



SPA ETIQUETTE

SPA BENé offers an atmosphere that favors harmony and relaxation, where you can enjoy an herbal tea in complete tranquility; it is an area for both men and women and the use of bathing suits and slippers is mandatory. We thank you for contributing to the quiet of our wellness area by talking in a soft and calm tone of voice and turning off cell phones. We would like to remind you that food and beverages are prohibited and access is not allowed for your furry pets.

Clothing

We suggest that you arrive to the wellness area wearing a bathing suit, a robe and the slippers available in your room. If necessary, we will be happy to provide you with them. During a treatment, we recommend wearing the disposable underwear provided by our staff. Our professional therapists guarantee maximum comfort by covering the areas of the body that are not part of the aesthetic treatment.

Personal valuables

We recommend that you leave your valuables in the safe in your room or in the additional safes available at the Reception. The Management assumes no responsibility in case of loss or theft of personal belongings within the wellness area.

Health concerns

When you make your reservation for treatment, please inform our staff of any health problems, particular health conditions, or if you are pregnant. Some treatments may be advised against or inappropriate.

Choice of treatment

If you would like assistance in the choice of treatment, please contact the staff directly by calling 055/22879525 or extension 525 from your room. We recommend reserving the chosen treatment in advance.

Maximum benefit from the chosen treatment

We suggest that you arrive 20/25 minutes before your appointment in order to spend 10 minutes in the sauna to relax your muscles, followed by an aromatic cold shower and 10 minutes in the relaxation area.

During the treatment

Our priority is to satisfy your needs and expectations. Please inform the therapist if you ever feel uncomfortable during treatment (i.e. pressure of massage, music, temperature, etc.). The wellness area staff will immediately resolve the problem to guarantee your maximum comfort.

Cancellations

Cancellations or reservation time changes must be communicated within 8.00 pm the day before the treatment. Treatments cancelled after or “no shows” will be charged in full.

Alcoholic beverages

We recommend that you do not consume alcoholic beverages during or immediately after treatments.

Shaving/Hair removal

Shaving or any kind of hair removal is not recommended before any treatment. It is, however, recommended that male guests shave before a facial treatment at least two hours before the appointment time.

Minimum age

Guests under the age of 18 must be accompanied.

Children are welcome for facial, hands and feet treatment, but under the age of 12 they are not allowed access to the wellness area and gym.

Gift Cards

A wonderful gift for every occasion. Vouchers are neither refundable nor transferable and may not be converted into currency. Please contact the wellness area for purchase at 055/22879525 or 525 from your room.

Payment

Major credit cards and cash are accepted. Hotel Guests can charge treatments to the room.

FROM EAST TO WEST

Back, neck & shoulders Massage	45 min	€ 130
Holistic Massage	50 min	€ 160
	80 min	€ 190
Shea Butter Massage	50 min	€ 160
Hot Stone Massage	50 min	€ 160
	80 min	€ 190
Ayurvedic Massage	50 min	€ 160
	80 min	€ 190
Thai Massage	50 min	€ 190
Anti-Stress Massage	50 min	€ 190

WELLNESS AND BEAUTY RITUALS

Aromatic Salt Ritual	35 min	€ 95
Rose Ritual	75 min	€ 180
Olive Oil Ritual	75 min	€ 180
Holistic Foot Ritual	35 min	€ 95
Holistic Hand Ritual	35 min	€ 95

NATURA BISSÈ

The Citrus Essence	50 min	€ 160
Diamond Energy	50 min	€ 190
Royal Citrus Experience	120 min	€ 230
Citrus Drench	50 min	€ 150
Scrub & Aromatic Massage	50 min	€ 160
Citrus Scrub	25 min	€ 80
Aromatic Massage	da 25 min	€ 80
Soufflé Mask	25 min	€ 90
Face cleansing	35 min	€ 120

À DEUX

Couple's Aromatic Massage	60 min	€ 350
Caresses for two	90 min	€ 380

Wellness Access

Combined with a treatment	60 min	€ 30
For our hotel's Guests		free

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